Ain't Worth The Tears
32 Count, 4 Wall, Improver
Choreographer: Mikael 'LD Crazy Mike' Erlandsson &
Micaela Svensson Erlandsson (SE) Feb 2017
Choreographed to: Ain't Worth The Tears by Liv Marit Wedvik

Section 1  Step. Swivel Heels R. Coaster Step. Step Forward Swivel Heels L. Coaster Step
1&2  Step right foot forward, swivel both heels to the right side and back to center
3&4  Step back on right foot, step Left beside right, Step forward on right foot
5&6  Step Left Foot forward, Swivel both heels to the left side, and back to center
7&8  Step back on left Foot, step right foot beside Left, Step forward on left foot

1&2  Step forward on R, turn a ¼ over your left shoulder, Cross R foot over L
3&4  Point L to Left side, Touch Left next to Right, Point L to Left Side
5&6  Cross left behind Right, step Right Foot to the side, Cross Left foot in front of Right
7&8  Step Right Forward on Right Diagonal, Pop both knees.

Section 3  Coaster Step. Kick Ball Step. Mambo Step. Sailor ¼ Turn
1&2  Step back on right. Step left beside right. Turn a 1/8 over Left shoulder and Step forward on right
3&4  Kick left forward. Step left in place. Step right in place.
Tag & Restart here: On wall 3 (facing 9 o'clock) and wall 7 (facing 12 o'clock)
7&8  Sweep right stepping right behind left. Step left in place. Step right in place.

Section 4  Step. ½ Turn right. Step. Triple Full Turn forward. Toe Switches. Step. Scuff.
1&2  Step forward on left. Turn ½ right. Step forward on left.
3&4  Make a triple full turn forward over the left shoulder, stepping right, left, right.
5&6  Touch left toes forward. Step left in place. Touch right toes forward. Step right in place
7-8  Step forward on left. Scuff right foot forward.

Tag:  Replace the Sailor ¼ Turn Section 3, on wall 3 (facing 9 o'clock) & wall 7 (facing 12 o'clock) with a Right Back Rock and start over.